



# THE CATIEBUG FIGHT TO BE HEALED 5K RUN

**SUNDAY, SEPTEMBER 26, 2010  
CLIFTON COMMONS, CLIFTON PARK, NY**

## REGISTRATION FORM

Northway to Exit 9. West on Rte. 146. Left on Vischer Ferry Rd. Clifton Commons on left.

KIDS' FUN RUN 12:00pm      2 MILE WALK 12:45pm

ZUMBA Warm-up 12:30pm      5K RACE 1:00pm

PLEASE COMPLETE REGISTRATION IN FULL – AGE REQUIRED

Prizes will be given to top three finishers in each of the following male/female categories:

14 & under      15-19      20-29      30-39      40-49      50-59      60-69      70+

Parking for runners and spectators. No strollers allowed on 5k run. Lunch/refreshments included for participants.

**For more info. contact Liz Fox at (631) 645-4801 or email [catiebugrun@fighttobehealed.org](mailto:catiebugrun@fighttobehealed.org)**

**PRE-REGISTRATION DEADLINE: September 20, 2010**

2 mile Walk and 5K Run Pre-registration: Per person \$20 (\$25 day of race)

Kids' Fun Run (11 & under): \$5 per child (Fun Run participants may only register via mail or day of event)

Registration starts at 10:30am.

Prizes for every Fun Run Participant!

Register online at [www.fighttobehealed.org](http://www.fighttobehealed.org) or make check payable to: NFTBHF

Mail to:

Liz Fox

c/o NFTBHF

PO Box 217

Rexford, NY 12148

Fee must accompany application.

\$3.25 processing fee will be charged for each online registrant.



Official use only: Bib # \_\_\_\_\_

By submitting this form you have read, understood and agreed to this waiver.

**WAIVER:** In consideration of accepting your entry I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I might have against Nick's Fight to be Healed Foundation, The Town of Clifton Park, and any officials and promoters of this race. I attest and verify that I am physically fit and have trained for the completion of this race.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature (if runner under 18) \_\_\_\_\_

Please print

Entrant's Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ DOB \_\_\_\_\_

Email \_\_\_\_\_

(1st 250 pre-registered walkers/5k runners guaranteed shirt—size upon availability—Deadline 9/20/10)

**Pre-registration:** walk \$20 \_\_\_\_\_ 5k run \$20 \_\_\_\_\_ **Late Reg.:** walk \$25 \_\_\_\_\_ 5K run \$25 \_\_\_\_\_ Fun Run \$5 \_\_\_\_\_